



*“SPOOK-TACULAR” BB+/-  
Hosted by California Capital Aquatics*



*October 8 – 10, 2010*

**SANCTION:** Held under USAS/Sierra Nevada Swimming Sanction No. 38-10

Enter online at: <http://ome.swimconnection.com/meets>

**LOCATION:** Roseville Aquatics Complex, 3051 Woodcreek Oaks Blvd. Traveling on I-80, Take Highway 65 North; take the Pleasant Grove exit; go west on Pleasant Grove to Woodcreek Oaks and turn left, the pool will be on the right hand side.

**Please check the times below – This is a SPLIT-SESSION FORMAT**

**TIMES:** Friday: Warm-ups begin no later than 4:30pm; the meet will begin at 5:30pm.  
Sat & Sun: AM Session: Warm-ups will begin no later than 7:30am.  
Meet shall begin at 9:00am.  
PM Session: Warm-ups will begin no earlier than 12:00pm.  
Meet shall begin no earlier than 1:00pm.

**FACILITY:** An outdoor, heated 16 lane, 25 yard pool with locker rooms and rest areas. An additional outdoor, heated 5 lane 25 yard pool is available for warm up/warm down. Overflow parking at Woodcreek High School and Roseville Sports Center adjacent to pool area. Colorado Starting, Timing and Scoreboard system will be used. A state of the art Colorado Scoreboard provides a great addition to the Competition venue. The competition course has been certified in accordance with 104.2.2C(4) . The copy of such certification is on file with USA Swimming. In accordance with 202.3.6, the competition course has a pool depth at the start end of 13ft at 3' 3 ½" and 12ft at 16'5" and at the turn end is 4' 6" at 3' 3 ½" and 4'6" at 16' 5".

**RULES:** Current 2010 USA Swimming and Sierra Nevada Swimming rules will govern the meet. All events are timed finals. All swimmers may swim (4) events per day, unless the entry cap is exceeded. Coaches must wear their membership cards in a visible manner. Meet programs will only be given to coaches whose cards are visible.

**ELIGIBILITY:** All swimmers must have a current USA Swimming registration card and must enter this number on their entry form. Entrants without a current Registration Number on their entries must present a current Registration Card (or Swim Connection Registration Verification email) prior to competition. Any swimmers entering as “pending” or “applied for” will be verified with the SNS Registrar prior to the meet and, if validly pending, will be allowed to check-in and compete. Properly registered 19-over swimmers may enter 13-18 events, however, they will not be awarded.

**CHECK-IN:** The meet will be deck seeded. All swimmers, or their coach or parent, must check-in prior to the close of their event. Check-in for the first four events of each day will close at least a half-an-hour before the scheduled start of the meet. Swimmers must check-in for later events at least a half-an-hour prior to the estimated start of each event. **All events will be swum fastest to slowest.**

**ENTRIES:**

Option # 1: On-line entries, enter at: <http://ome.swimconnection.com/meets> to receive immediate confirmation of acceptance. On-line entry requires payment by credit card using the Swim Connection secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. On-line meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. On-line Meet Entry is in no way required or expected of a swimmer by Sierra Nevada Swimming.

**On-line entries must be received before 11:59PM on Friday, October 1, 2010.**

Option # 2: Mailed entries use a SAMMS Consolidated entry card. Entry cards must be COMPLETELY filled out and legible. The entry card may be reproduced. The meet entry card is available from the Sierra Nevada Swimming website: <http://sn-swimming.org>. **Entries must be postmarked on or before Monday, September 27, 2010, or hand delivered by 7:00PM on Thursday, September 30, 2010 to the Roseville Aquatics Complex Box marked Spook-tacular Meet Entries.** Absolutely no late, or telephone, entries will be accepted. No refunds.

Send SAMMS entries to: **CCA SPOOK-TACULAR  
6721 5th St.  
Rio Linda, Ca 95673**

**ENTRY FEES:**

**\$3.00 PER INDIVIDUAL ENTRY** (INCLUDES \$.75 age group travel fund, \$.50 senior travel fund, \$.50 Sierra Nevada Swimming. In addition there is a **\$5.00 pool surcharge per swimmer** to help cover the cost of the pool. Entry fees are non-refundable. If deck entries are accepted by the Meet Director they will be \$3.50 per event plus \$5.00 pool surcharge.  
**Make checks payable to:** "CALIFORNIA CAPITAL AQUATICS" or "CCA"

**ENTRY LIMITS:**

Should 8-under or 12-under events on any day be estimated to last longer than 4 hours, swimmers may be required to scratch down. Entries in excess of (4) per day will not be refunded. If events are required to be scratched on any day, then deck entries will not be accepted on that day. The meet will be capped as follows:

**Friday** – 150 swimmers  
**Saturday & Sunday 13yrs and over** – 350 swimmers  
**Saturday & Sunday 12yrs and under** – 650 swimmers

**DECK ENTRIES:**

Deck entries will only be accepted prior to the start of the Saturday and Sunday sessions if the Meet Director determines that the 8-under and 12-under events can each be completed within four hours during that session. Deck entries will be swum for time only; they will not be scored or awarded.

**AWARDS:**

Distinguished pins will be awarded for 1<sup>st</sup> through 3<sup>rd</sup> place and ribbons will be awarded for 4<sup>th</sup> through 8<sup>th</sup> place. 6-under events will be awarded separately; swimmers swimming in the 13-18 age group will be awarded separately by age group, 13-14, 15-16, 17-18. **Deck entries will not be awarded.**

"A" medals will be awarded to "B" swimmers achieving "A" times.

All awards must be picked up by the conclusion of the swim meet. Awards will not be mailed out.

The winner of the Boys 15-16 200 Free event will be presented with the Greg Connolly award for achievement, in memory of Greg Connolly. **This award will be presented immediately following the event.**

**1650 FREE:** The 1650 Free will be swum fastest to slowest, alternating girls and boys. Swimmers will need to provide their own timers, lap counters will be provided.

**RESTRICTIONS:** No overnight parking is allowed by the City of Roseville at the Roseville Aquatics Complex. Smoking and the use of other tobacco products are prohibited in all areas of the meet venue. The sale and use of alcoholic beverages is prohibited in all areas of meet venue. Glass containers as well as pets are not allowed in the pool area. All tarps need to be removed from the grass areas at the conclusion of each day's competition (EZ Ups can stay up if they are fastened to the ground, but all ground covers must be off the grass). No propane heaters allowed within the facility.

**ADMISSION:** Admission is free. A three-day program will be available for \$5.00.

**CONCESSIONS:** A snack bar with healthful meals, drinks and snacks will be available. Working officials and coaches will be served refreshments.

**OFFICIALS:**  
**Meet Referee:** Bill Fisher  
**Admin Referee:** Will Halligan  
**Head Deck Referee:**  
**Head Starter:**  
**Meet Director:** Pete Votava (916) 772-6370 ext. 5

**MINIMUM OFFICIALS RULE:**

All certified officials with current USA Swimming registration from any LSC are welcome to work this meet. All working officials are expected to display membership cards at the meet. Officials dress will be white polo shirts and navy blue pants/shorts/skirts. Each team shall, by entry deadline, provide to the Meet Referee or Meet Director, a list of officials who have agreed to represent that team during the conduct of the meet. An officials meeting will begin 30 minutes prior to the start of each session. Those teams who have not provided sufficient officials shall have all their swimmers treated as "time only" swimmers in all respects for that session.

**OFFICIALS' REQUIREMENT**

<b>Number of team's swimmers submitting entries in each meet session:</b>	<b>Number of trained and carded officials required per team:</b>
<b>0-10</b>	<b>0</b>
<b>11-25</b>	<b>1</b>
<b>26-50</b>	<b>2</b>
<b>51-75</b>	<b>3</b>
<b>76-100</b>	<b>4</b>
<b>&gt;100</b>	<b>5</b>

