

2008 SENIOR MEN (Sectional & National Meets)**SHORT COURSE YARDS**

DISTANCE & STROKE	SECT. CHAMP.	JR. NAT. CHAMP. BONUS	JR. NAT. CHAMP	U.S. OPEN
50 Free	22.59	21.69	21.19	20.29
100 Free	49.39	47.09	46.29	44.49
200 Free	1:48.79	1:43.09	1:41.39	1:38.09
500 Free	4:53.99	4:39.59	4:33.79	4:25.29
1000 Free	10:10.99	9:39.29	9:29.39	9:16.89
1650 Free	16:59.99	16:13.69	15:51.49	15:30.69
100 Back	54.99	53.09	51.59	49.59
200 Back	1:59.69	1:54.79	1:51.79	1:47.89
100 Breast	1:01.99	59.49	57.99	55.89
200 Breast	2:14.89	2:09.79	2:06.29	2:01.69
100 Fly	54.19	51.89	50.69	48.59
200 Fly	2:00.69	1:54.89	1:52.29	1:48.59
200 IM	2:01.59	1:56.29	1:52.99	1:49.69
400 IM	4:20.29	4:08.09	4:01.09	4:00.49
400 FR	3:24.39		3:08.89	3:02.19
800 FR	7:31.29		6:53.79	6:46.99
400 MR	3:49.09		3:29.59	3:24.09

2008 SENIOR MEN (Sectional & National Meets)**LONG COURSE METERS**

DISTANCE & STROKE	SECT. CHAMP.	JR. NAT. CHAMP. BONUS	JR. NAT. CHAMP.	U.S. OPEN	OLYMP. TRIALS
50 Free	26.09	24.79	24.59	23.59	23.49
100 Free	57.19	53.99	53.49	51.79	51.59
200 Free	2:05.09	1:58.09	1:56.59	1:53.39	1:52.89
400 Free	4:26.49	4:09.79	4:07.19	4:01.29	3:59.99
800 Free	9:08.99	8:40.79	8:32.29	8:23.09	
1500 Free	17:29.99	16:41.69	16:15.49	16:02.49	15:53.59
100 Back	1:04.39	1:01.39	1:00.29	58.29	57.99
200 Back	2:19.49	2:12.39	2:09.99	2:06.29	2:04.99
100 Breast	1:11.99	1:10.09	1:07.89	1:05.29	1:04.69
200 Breast	2:36.69	2:29.79	2:27.59	2:22.09	2:20.79
100 Fly	1:01.59	58.89	57.79	55.69	55.59
200 Fly	2:17.19	2:10.59	2:08.69	2:04.09	2:03.99
200 IM	2:21.29	2:13.59	2:11.59	2:07.99	2:07.39
400 IM	5:00.89	4:43.89	4:40.19	4:33.09	4:30.49
400 FR	3:55.29		3:38.29	3:29.89	
800 FR	8:26.79		7:54.99	7:44.99	
400 MR	4:23.99		4:01.99	3:52.49	

Short course and long course Sectional Championship time standards apply to both Spring Sectionals and Summer Sectionals.

Qualifying Periods :

Spring Sectionals (March 5-9, Mission Viejo CA)	January 1, 2007 through entry deadline
Summer Sectionals (July 16-20, Bakersfield CA)	May 1, 2007 through entry deadline
Junior Nationals (August 4-8, Minneapolis MN)	July 1, 2007 through entry deadline
U.S. Open (July 29-August 2, Minneapolis, MN)	July 1, 2007 through entry deadline
U.S. Olympic Team Trials (June 29-July 6, Omaha NE)	April 1, 2005 through entry deadline